



## 2025/26 | WHITEFISH MOUNTAIN RESORT

# FREESTYLE TEAM

### FREESTYLE SKI & SNOWBOARD TEAM

**Freestyle Team or WMRFT** at its simplest, is a group of young skiers and snowboarders, ages 8-18. Most members are local youth from the Flathead Valley, but we also have athletes who join us from other U.S. states and Canada. Our team welcomes graduates from the Ski & Ride School's Development Program as well as members of the local Alpine Race Team.

**Our primary emphasis is safety on the mountain.** We coach the kids on how to make appropriate decisions when choosing terrain with respect to snow conditions, including **tree well safety** and **avalanche awareness**. We are an all-mountain team with a freestyle progression basis, meaning, if athletes want to learn tricks (180s, 360s, grabs, etc.) or participate in freestyle or freeride competitions, we will help them learn and master the necessary skills to be successful. If an athlete's interests are not focused on learning tricks, our coaches will center their teaching around other advanced freeride skills.

We spend a lot of time skiing and riding every part of the mountain given the conditions are safe and appropriate for our objective. We, like most youth programs, provide the kids with ample time to freely ski/ride around as practice to hone their skills.

The Freestyle Team incorporates a broad spectrum of curriculum, including all-mountain skiing and riding, competition preparations, and everything in between!

Our coaching is structured around the interests of each group of athletes. Our coaches are passionate, experienced, trained, and are all positive mentors for their athletes.



**We are building better skiers and snowboarders!** We are building successful competitors! We are guiding development and growth through winter sports! We are building a passion for winter! We are advocating a community! We are building lifelong skiers and snowboarders! We are the WMR Freestyle Ski & Snowboard Team!



### FAQ's

#### Does my child need to 'try out'?

Nope! We do recommend that children are able to comfortably, ski or ride EVERY groomed run at Whitefish Mountain Resort. Skiers, using parallel turns throughout. Snowboarders, riding both heel-side and toe-side. We strongly encourage that children have participated in WMR's Devo program through blue level before joining Freestyle Team.

#### Do kids have to compete?

Nope! Competing is encouraged but not required. We will have coaches at all home mountain events. There are events for new to competing, intermediate and advanced athletes. Our mountain offers a few different styles of 'Freestyle' events; Rail Jam, Slopestyle, Banked Slalom & Skier/Boardercross.

#### What if my child doesn't want to learn 'park' skills?

We have groups for every interest! Athletes will learn and progress in the areas that best suit their interests and ability levels.

# WHAT WE OFFER

## INTRO TO FREESTYLE TEAM

**Ages 8-15 – 10 Week Program – Fall Dryland Training**

**Available Full Day Saturday or Full Day Sunday for skiers and snowboarders**

For intermediate skiers and snowboarders to build their fundamental skills while adding Freestyle skills to the mix. This 10-week program builds skills that apply to freeriding/freeskiing, all mountain and freestyle terrain park.

**Requirements:** In order to participate, athletes need to have completed up to a level blue Devo program through WMR Ski & Ride School OR have participated in FVSEF Race Team's All Mountain Rangers.

**Is this the right place for you?** If this is your child's first year doing Freestyle Team and they have not participated in a Freestyle Team tryout, this is the place for you!

## FREESTYLE TEAM

**Ages 9-16 – 11 Week Program**

**Fall Dryland, Indoor Aerial Training and 3-day Holiday Camp (December 28-30, 2025) included.**

**Available Full Day Saturday or Full Day Sunday for skiers and snowboarders**

For advanced skiers and snowboarders who have a passion for all mountain terrain, want to progress their off-piste (freeride) and freestyle skills and/or grow toward the Competition Teams. Curriculum will include: freeride skills, progress fundamentals into dynamic skills, competition introduction, safety awareness including avalanche and tree well workshops.

**Requirements:** In order to participate, athlete(s) need to have participated on the Freestyle Team for at least 1 season prior OR have the Head Coach's approval to skip Intro to Freestyle Team. The Freestyle Team is for returning athletes.

**Is this the right place for you?** If your child participated in Freestyle Team last season and would like to continue to progress their skills without frequently competing, this is the place for you!

For any questions, please contact **Freestyle Team Manager Connita Parks** at 862-2971 or **SSC Sales Representatives** at 862-2909.

**More information can be found at [SKIWHITEFISH.COM/FREESTYLE-TEAM/](http://SKIWHITEFISH.COM/FREESTYLE-TEAM/)**

**Athlete Scholarships available, more information at:**

**[WWW.WHITEFISHFREESTYLEINC.COM](http://WWW.WHITEFISHFREESTYLEINC.COM)**

## COMPETITION TEAMS

### COMPETITION TEAM

**Ages 10-18 – 14-week Saturday program**

**Fall Dryland, Indoor Aerial Training and 3-day Holiday Camp (December 28-30, 2025) included.**

**NEW Competition Team Jersey included.**

For athletes who have a passion for competing, whether it be slopestyle, freeride, banked slalom, or boarder-cross/skier-cross events, coaches will implement competition preparedness into weekly trainings. Competition prep doesn't exclusively pertain to physical skills but also incorporates strategies for mindset, environmental pressures, judging criteria, and sportsmanship. Preparation for IFSA and USASA regional events will be included in their curriculum as well.

Comp Team athletes will receive their own jersey to keep and use at our in-house competition series events providing them opportunities to practice competing and, in turn, further developing their skills.

Program curriculum also includes: avalanche awareness and tree well safety workshops.

Athletes should plan to compete in most home mountain events.

IFSA and USASA regional travel coaching possible. Inquire through team manager.

### JUNIOR FREERIDE COMPETITION TEAM

**Ages 10-18 – 11-week Sunday program plus Saturday in-house events.**

**Fall Dryland, Indoor Aerial Training and 3-day Holiday Camp (December 28-30, 2025) included.**

**NEW Competition Team Jersey included.**

Our **NEW** Jr Freeride Competition Team is an 11-week program for advanced skiers and snowboarders that are ready to progress their training into competition preparation. Whether it be slopestyle, freeride, banked slalom, or boarder-cross/skier-cross events, coaches will implement competition preparedness into weekly trainings. The curriculum will include competition preparedness with an emphasis on Freeride skills and preparing athletes for success in IFSA competitions: off-piste skills, advanced tree skiing/riding, cliffs, chutes, steep and deep powder, controlling higher speeds on steeper terrain, line choice, and avalanche and tree well safety. Athletes will learn about backcountry skiing/riding and safety (in bounds of course). We do a couple of inbounds hikes and discuss the skills athletes would use out of bounds.

Competition prep doesn't exclusively pertain to physical skills but also incorporates strategies for mindset, environmental pressures, judging criteria and sportsmanship.

Program curriculum also includes: avalanche awareness and tree well safety workshops.

Comp Team athletes will receive their own jersey to keep and use at our in-house competition series events providing them opportunities to practice competing and, in turn, further developing their skills.

### Is this the right place for you?

If your child participated in Freestyle Team last season and competed in numerous home events, this is the place for you! Your athlete will receive coaching at home event with their coach and unlike before, will not miss training days!